

In honour of women's month

## Celebrating Women Who Shape Stronger Communities

Across homes, workplaces and communities, women play an extraordinary role in shaping progress, nurturing opportunity and building stronger futures. Women today are not only caregivers and mentors. They are leaders, innovators, entrepreneurs and financial decision-makers.

Their influence extends far beyond personal success. When women thrive, families flourish, businesses grow and communities become stronger. This Women's Month reminds us that empowering women through financial inclusion, education and opportunity creates ripple effects that benefit entire societies.

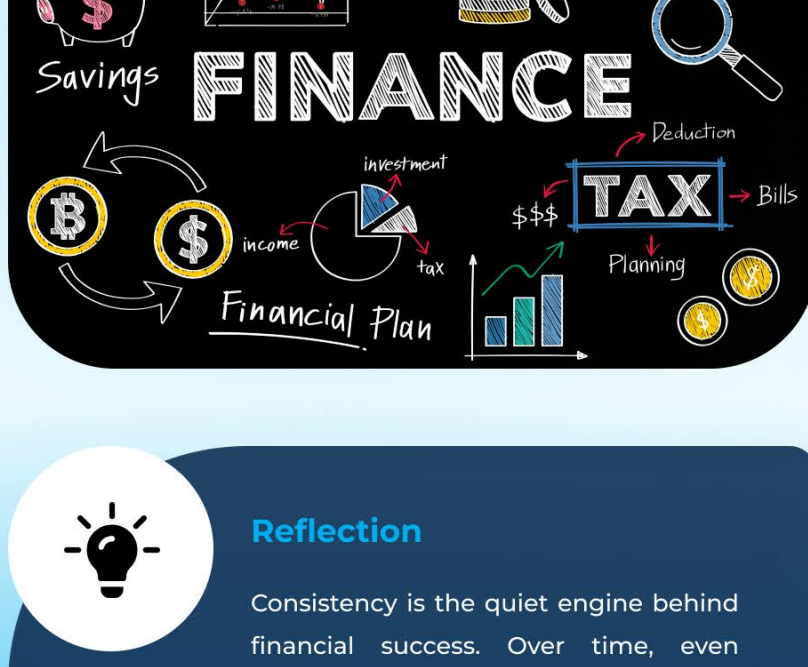
By encouraging financial awareness, long-term planning and access to opportunities, we collectively contribute to a future where more women and indeed more families achieve stability, independence and prosperity.



### Reflection

"The best time to start planning for your future was yesterday. The next best time is today." Every step taken towards financial planning, no matter how small, moves you closer to a future of confidence, security and peace of mind.

## Finance O'Clock: Smart Money Tips



When it comes to building long-term financial security, consistency often matters more than size. Many people believe wealth is built through large, occasional financial decisions. In reality, it is the small, disciplined actions repeated over time that create lasting financial strength.

These are three simple but powerful habits to adopt:

### Automate Your Savings

When savings and retirement contributions happen automatically, financial discipline becomes effortless.

### Avoid Lifestyle Inflation

As income grows, it can be tempting to increase spending. Instead, consider increasing savings and investments alongside income growth.

### Review Your Financial Plan Periodically

Financial goals evolve over time. Reviewing your plan regularly ensures your financial decisions continue to align with your long-term objectives.



### Reflection

Consistency is the quiet engine behind financial success. Over time, even modest contributions can grow into a meaningful foundation for the future.

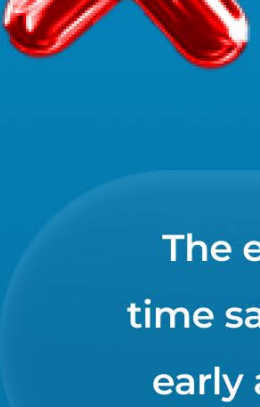
## Money Myths

vs

## Money Facts

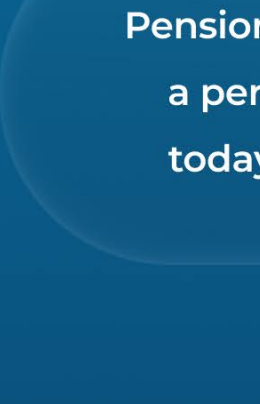
Separating Financial Myths From Reality

Many Financial Decisions Are Influenced By Common Myths. Understanding The Truth Can Help Individuals Make Smarter Choices About Their Financial Future.



Retirement planning is something to worry about later in life.

The earlier retirement planning begins, the more time allows and investments have to grow. Starting early allows individuals to take advantage of long-term investment growth.



Pensions are only important when retirement is close.

Pensions are designed to grow gradually throughout a person's working life. Every contribution made today strengthens tomorrow's financial security.



You need a very high income to build financial stability.

Financial stability is less about income level and more about consistent planning, disciplined saving and informed financial decisions.



Financial Knowledge Is One Of The Most Powerful Tools For Building Lasting Wealth.

# BREAKING NEWS

Pension news and updates

**PenCom Launches Drive to Enrol One Million Women in Personal Pension Plan:** The National Pension Commission has launched a campaign to enrol one million women in the Personal Pension Plan, targeting Nigeria's informal sector.

Announced by DG Omolola Oloworaran during an International Women's Day outreach in Lagos, the initiative aims to extend retirement security to traders, artisans and farmers.

The campaign, themed "Give to Gain," includes a matching-contribution window from 9-13 March 2026, with PenCom matching individual contributions up to ₦20,000.

**Federal Government Inaugurates New Governing Board for National Pension Commission:** The Federal Government on

**Federal Government Inaugurates New Governing Board for National Pension Commission:** The Federal Government on Monday inaugurated the Governing Board of the National Pension Commission (PenCom) in Abuja. Secretary to the Government of the Federation, Senator George Akume, urged members to uphold strong corporate governance and safeguard over N28 trillion in pension assets under the Contributory Pension Scheme.

He described PenCom as a critical pillar of Nigeria's financial sector and emphasized building a transparent, resilient, and trusted pension system in line with the Pension Reform Act 2014.

The new board members include...

## Seamless Pension Access. Wherever Life Takes You.

Trustfund Mobile App is Here! Simple. Secure. Designed for You.

### STEPS TO DOWNLOAD THE APP

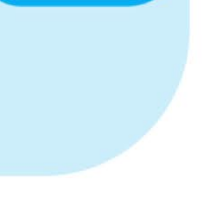
**Step 1** Visit google playstore on an android device or apple app store on an iphone.



**Step 2** Search for 'Trustfund mobile app' and click on 'Trustfund mobile' with the Trustfund logo to install.



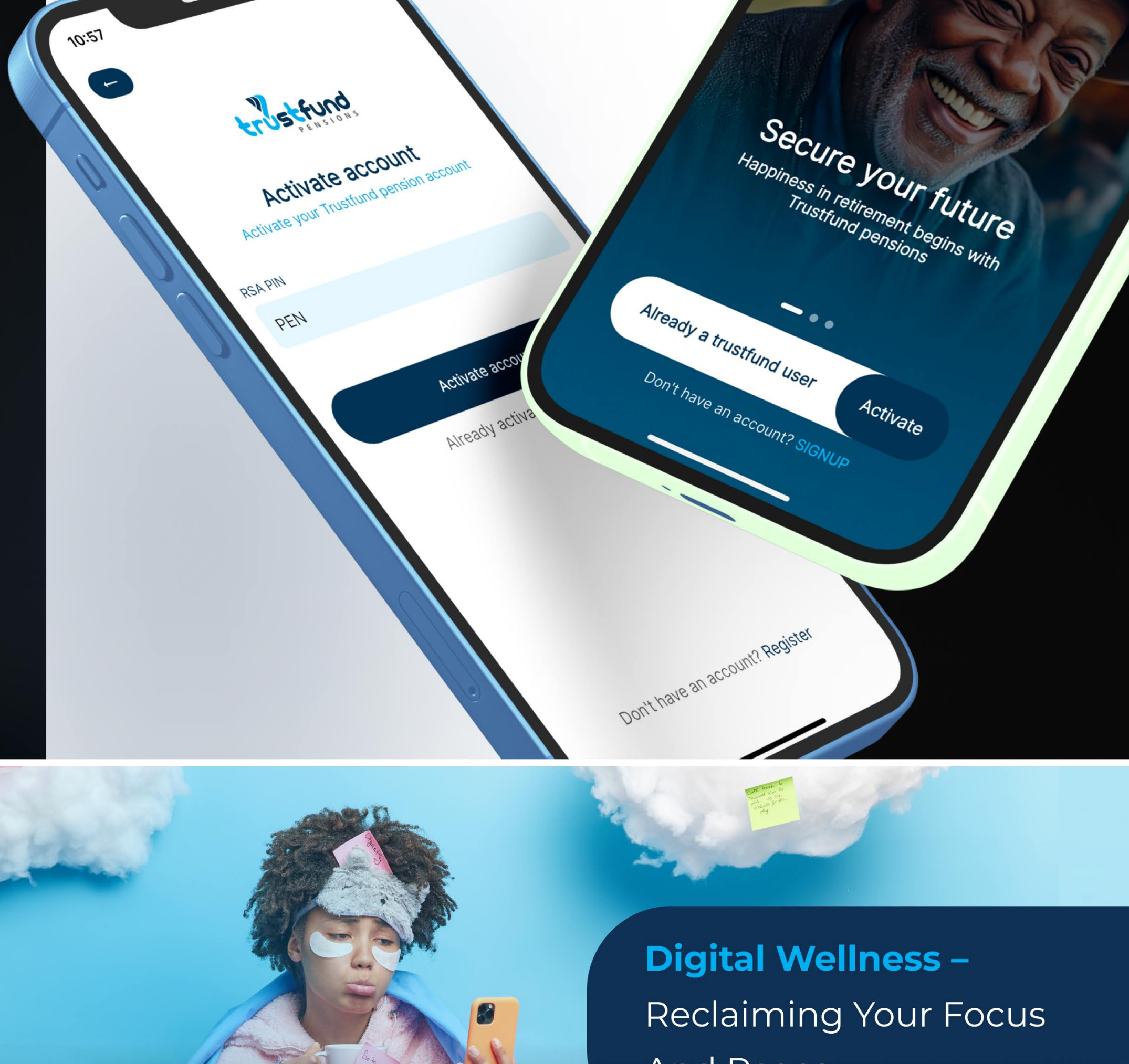
**Step 3** Open the app and choose the "Activate" option. Enter your RSA PIN and click on "Activate Account".



**Step 4** Verify your identity using the OTP sent to your registered email address or phone number.



**Step 5** Create a new password. Log into your account and start using the mobile app!



## Digital Wellness – Reclaiming Your Focus And Peace

In today's hyperconnected world, constant alerts, endless scrolling and digital overload drain more than just your time. They quietly exhaust your peace of mind. Practicing digital wellness means regaining control and creating space for serenity, focus and clarity in a world that rarely pauses.

Start by setting healthy digital boundaries: unplug before bed, take mindful breaks during the day and create "tech-free" zones or moments that allow you to reconnect with yourself and those around you. Use technology as a tool for empowerment—not as a source of distraction or fatigue.

"Disconnect to reconnect. Protect your peace, preserve your focus and let balance guide your digital life".

## UNTIL OUR NEXT EDITION

Thank you for your continued trust in Trustfund Pensions.

Every contribution you make today strengthens your path to a secure and dignified tomorrow. We remain committed to protecting and growing your pension with integrity and prudence.

Stay connected as we continue this journey of building lasting financial security together.

The Trustfund Pensions Team

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